prevention • rehabilitation • integration
وقاية • اعادة تأهيل • اندماج

2026
Our First Quarter in Review

Oum el Nour is a Lebanese independent, non-governmental, non-profit organization registered under notification No. 120/AD and recognized as an organization of public benefit under Decree No. 7897. It provides prevention and rehabilitation from substance use disorders (SUD), as well as mental health support and reintegration services, free of charge and without discrimination.

Light Through the Crisis

Despite ongoing challenges and growing financial pressures, moments of hope continue to shine through.

This quarter, we celebrated the strength of individuals completing their rehabilitation journeys, expanded our prevention efforts, and took further steps to strengthen our programs, alongside new partnerships and an expanding reach locally and internationally.

As we work continuously to maintain our services, Lebanon's wider socio-economic crisis, together with the latest developments, continues to put a strain on our financial situation. Behind the scenes, our team remains committed to learning and collaboration as our work evolves toward more sustainable impact and long-term recovery.

While the road ahead remains complex, we remain fully committed to supporting those who rely on us.









Our Programs in Action

Inpatient Rehabilitation

Honoring Strength and Determination



At the heart of everything we do, some of the most beautiful moments are when we celebrate our residents' successful completion of the inpatient program. Earlier this year, we celebrated 2 residents from Tripoli's Forsa program and a resident from the Women's Inpatient Rehabilitation center in Fatqa who completed their journeys. These graduations are not just personal milestones, they are shared achievements, experienced alongside our residents every step of the way.

Prevention

USEK Volunteer Program

In partnership with USEK, 8 students completed a 15-hour volunteering program, spread over 3 Wednesdays. The program allowed them to actively contribute to our service delivery while gaining valuable hands-on experience in addiction prevention and support.







Programs Development

Building a More Integrated Approach

Earlier this year, we launched the Reflection Committee, bringing together field experts to support structured reflection and strengthen the development and improvement of our programs. At the same time, the Support Committee, made up of team members, expanded its work from the Men's Inpatient Rehabilitation center to include the Follow-Up service, reinforcing continuity of care beyond rehabilitation and creating a more integrated approach to supporting our residents every step of the way.

Safeguarding

From Learning to Implementation

We began our safeguarding journey with an introductory training provided by the Pontifical Mission in March, which introduced the principles and foundational concepts needed to ensure a safe and respectful environment for all. Building on this step, advanced training for safeguarding focal persons will follow to further strengthen safeguarding practices and ensure their consistent implementation.



Research

Our Interns This Quarter

We were pleased to welcome 11 interns from USJ, LU, USEK, and LAU. Their energy and curiosity added great value to our work and created a dynamic learning environment within the team.

Supporting Students

We had the opportunity to mentor 6 students working on a range of research topics, including ACT-based intervention activities to reduce self-stigma, correlation between emotional dysregulation and cravings among individuals with substance use disorders, increasing emotional regulation in women undergoing substance use treatment through Cognitive Behavioral Therapy (CBT) techniques, the role of rehabilitation centers and families in addiction recovery, the development of emotional regulation programs to reduce dependence, and the sense of life among individuals in recovery.

Publications

Our team completed the literature review of a publication titled “Exploring Alexithymia among Individuals with Substance Use Disorder in Residential Rehabilitation Settings”, contributing to our ongoing research efforts in the field of addiction and mental health.

Oum el Nour’s Academy

Expanding Professional Training and Reintegration Opportunities

Oum el Nour has launched an education and rehabilitation initiative: an academy for the training of professionals in addiction support and psychosocial care, as well as the development of vocational pathways to support reintegration after rehabilitation.
The project is currently in its conceptual phase, with ongoing discussions with potential partner institutions in the region. The first step under this initiative is the development of a program for municipal police officers to enhance their capacity to support young people with substance use disorders they may encounter in their communities.

Behind the Impact: Our Team

Welcoming New Team Members

New team members were welcomed by President Mr. Gabriel Debbane during an induction day held on February 16, which included presentations and visits to OeN centers.

Learning and Development

AMNA Project

From February 2 to 6, the Prevention team participated in an intensive training week under the AMNA project to improve both their technical expertise and field-based skills, focusing on facilitation techniques, effective intervention methodologies, and prevention strategies.



ICF Coaching Program

Phase 2 of the internal coaching program with the International Coaching Federation ICF - Lebanon Chapter was launched on February 20, engaging 20 team members from across our services in an ongoing process of professional development.



Internal Training Week

The Prevention team participated in an internal training week that combined field visits to our centers with theoretical sessions and discussions led by co-founder Mr. Elie Whaibe, providing insight into our philosophy, therapeutic approach, and field realities, further strengthening the connection between prevention and treatment services.



A Moment to Connect

On February 25, team members came together for a gathering that created space to connect outside the usual work setting and an opportunity to get to know one another better.

Spotlight on Our Projects

Our Dairy Factory

From Training to Sustainable Impact

Our dairy factory has undergone a major transformation: with a new manager on the team and the facility nearly fully equipped thanks to Cooperazione nei Territori del Mondo (CTM) and Social and Economic Action for Lebanon (SEAL), production has increased alongside strengthened quality standards. What began as a space for skills development and reintegration has grown into an income-generating initiative for Oum el Nour, providing meaningful work for former residents while contributing directly to the organization's long-term financial sustainability.



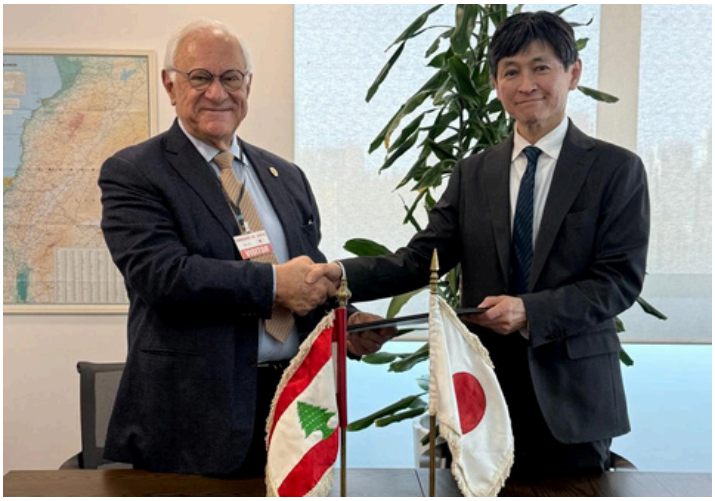




Enhancing Water Access

Initiative Funded by the Embassy of Japan

On March 12, a grant contract was signed between His Excellency Ambassador Yokota Kenji, Ambassador of Japan, and Mr. Gabriel Debbane, President of Oum el Nour, to fund the construction of two large-scale water storage tanks at our Inpatient Rehabilitation centers in Fatqa (200m³) and Sehaileh (360m³), ensuring a stable and reliable water supply amid ongoing water shortages across the country.





Expanding Our Reach

As we expand our reach locally and internationally, our work in Liberia, Tripoli, and Beirut is implemented through separate initiatives and made possible through dedicated networks of local stakeholders and independent funding in each region, while we contribute through training, capacity building, and program management.

From Lebanon to Liberia

This February, our founders, Bishop Guy-Paul Noujaim and President Gabriel Debbane, visited Oum el Nour in Liberia, the sister organization they established. Among the highlights of the trip, the delegation's meeting with His Excellency President Joseph N. Boakai, Sr., was one of several key activities planned, reaffirming Oum el Nour's commitment to supporting vulnerable youth and reviewing plans for the new inpatient unit for women. The visit strengthened partnerships, celebrated progress in rehabilitation and reintegration, and highlighted the importance of long-term investment in recovery and inclusive care.













Forsa - Tripoli

In Partnership with Al Manhaj Association

After the recent inpatient graduations, our team in Tripoli is currently following up with 8 individuals through weekly sessions and regular phone check-ins when needed. The Tripoli buildings collapse and the country's situation have affected the first-quarter planning, delaying some of the fundraising events that were envisioned.

OeN's Newest Center in Beirut

From Devastation to Recovery

In the aftermath of the August 4 Beirut explosion, a building previously offered to Oum el Nour by the Municipality of Beirut was severely damaged but retained strong potential to serve the community. Efforts were mobilized to bring the space back to life, with initial funding secured, official approvals obtained, and partnerships being developed with key actors in the city. Structural works have since been completed, including metalwork, removal of the damaged roof, installation of a new one, and debris clearance. The next phase will focus on restoring and equipping the space.

From devastation to recovery, the site is steadily taking shape as Oum el Nour's center, a dedicated space for individuals seeking care and support for substance use and mental health.









Collaborating for Action

Center for Educational Research and Development (CRDP)

The CRDP visited our organization on February 12, opening promising opportunities for collaboration to integrate prevention programs within the national education system.







Pontifical Mission

Our ongoing partnership with the Pontifical Mission was strengthened through their visit on February 18, providing a valuable space to reflect on our shared impact and explore opportunities for future project expansion. In parallel, our submitted factory project has received their approval.

InterContinental Mzaar

As part of our reintegration activities, a new collaboration was established with the InterContinental Mzaar, under IHG Giving for Good and Journey to Tomorrow, to offer skills-based workshops at our Men's Inpatient Rehabilitation center. This initiative helps residents develop practical competencies, enhance employability, and support their successful reintegration into the workforce.

Stronger Together

These past months in Lebanon have been incredibly difficult, building on years of ongoing crises that continue to weigh heavily on the community and organizations alike. The combined pressure of economic hardship and war has made it challenging to sustain our work and plan ahead.

We remain committed to being there where it matters most, but we can't do it alone. Because lasting impact is built together, your donation helps us continue reaching those who need it most.

Lebanon
Bank Transfer

Bank Name: Bank Audi SAL
a/c Name: Oum el Nour
a/c Number: 206035-76
IBAN: LB13 0056 0000 0000 0020 6035 0076
Swift Code: AUDBLBBX

United States of America
Bank Transfer / Wire

Bank Name: Interaudi Bank
a/c Name: Drug Free Lebanon, inc
a/c Number: 626426400100100201
Aba or Routing Number: 026006237
Swift Code: AUSAUS33

Cash / Online Transfers
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Need support? Please reach out to our team.

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