

OUM EL NOUR'S ANNUAL REPORT 2025

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Table of content

A Word from the GM	03
Programs & Services	04
Prevention	05
Reception & Orientation	07
Inpatient Rehabilitation	12
Outpatient Rehabilitation	14
Fundraising & Financial Overview	16
Local & International Expansion	22
Forsa in Tripoli, Lebanon	23
The Mother of Light in Monrovia, Liberia	26
Our Partners	29



A word from the GM



2025 has been another challenging year for Lebanon, marked by lingering economic instability, social pressures, and severe security challenges. The war has deeply affected individuals and families across the country, leaving a heavy sense of grief and uncertainty. Its impact has been felt on multiple levels: economic hardship, disruption of daily life and services, heightened vulnerability, and significant strain on mental health and overall wellbeing.

In this context, our work has remained grounded in one clear commitment: that **health is a right for all**, and that **hope persists no matter the circumstances**.

I would like to express my sincere appreciation to our dedicated team, partners, and donors whose continued trust and commitment have made our work possible for another year. Most importantly, I extend my gratitude to the individuals and families who place their trust in our services every day.

In 2025, we continued to strengthen our programs and adapt our responses to evolving needs, with a constant focus on quality care and meaningful impact.

As we look ahead to the future, where uncertainty can often be dominant, we remain committed to standing alongside those who need it most, no matter how challenging the circumstances may become.



PROGRAMS & SERVICES

Prevention



In 2025, Oum el Nour's Prevention Center continued to promote mental health, psychosocial well-being, and substance use prevention through two main projects funded by MISSIO and Œuvre d'Orient. The team delivered individual therapy sessions, psychosocial (PSS) group sessions, mental health awareness sessions, and prevention activities for children, adolescents, adults, parents, teachers, and school communities. These interventions were designed and delivered through age-appropriate and audience-specific approaches, ensuring that content, methodologies, and activities were adapted to the developmental needs and specific contexts of each target group. Overall, the Center reached 169 individuals through **2,074 individual therapy sessions**, 872 through **368 PSS group sessions** in 18 institutions, 244 through **37 mental health awareness sessions**, and 7,137 through **440 prevention sessions** in 35 institutions.

Beneficiaries Reached in 2025

Individual Therapy	Awareness Groups	PSS Groups	Prevention
169	244	872	7,137

Prevention activities provided age-appropriate, evidence-based sessions that fostered protective factors, encouraged healthy decision-making and help-seeking behaviors, and created safe spaces for discussing sensitive topics, leading to referrals to specialized services when needed.

MHPSS interventions focused on emotional awareness and regulation, coping skills, resilience, communication, parenting, self-care, body safety, healthy relationships, bullying prevention, and mental health and substance use awareness.

Youth in Action Forum

The Youth in Action Forum was hosted at CNDL, marking the successful completion of the L'Œuvre d'Orient initiative. As part of the project, students co-designed 18 preventive tools in collaboration with our specialist team, while Youth Club members produced and acted in an awareness video addressing peer risk behaviors, reinforcing youth leadership and prevention efforts.



AMNA Community Project

The initiative strengthened protective factors and referral networks among vulnerable and underserved populations, reaching nearly 50% of targeted beneficiaries in its initial phase, and exceeding targets for children aged 9-11.

Mother of Light - Liberia

The Liberia Prevention Team was established with technical support from Lebanon, delivering culturally adapted prevention modules across six schools while training teachers, students, and staff.



UNODC Line Up Live Up

Youth Club members participated in sports and skill-building activities while leading a bracelet fundraising campaign to support inpatient residents.

USEK / OeN Club

The team participated in mental health awareness days at universities and partner institutions to recruit prospective youth leaders and support the launch of a new Youth Club.

Reception & Orientation

The physical detoxification phase is a critical step in the recovery journey, requiring continuous evaluation before admission to OeN's rehabilitation centers. This includes confirming the individual's genuine request and ensuring a stable psychological state. Given the complexity of substance use disorders, the need for multifaceted solutions, and the setbacks that often accompany the help-seeking process, OeN's Reception and Orientation team visits individuals during detoxification to support their decision to pursue recovery. This reinforces the importance of building strong communication channels with hospitals providing detoxification to better understand their psychiatric departments, available services, and admission requirements.

In 2025, the team conducted familiarization visits to several institutions to strengthen its guidance and referral role and enhance the support provided to individuals seeking help and their families. The institutions visited included the Rafik Hariri University Hospital, Mount Lebanon Hospital, Daher El Bachek Governmental Hospital, Hôtel-Dieu de France Hospital, Al-Shifaa Hospital, Cedars Rehabilitation Center, the Disciplinary Center for Female Juveniles (Prison for Women Under 18), and the Mariam and Martha Association.



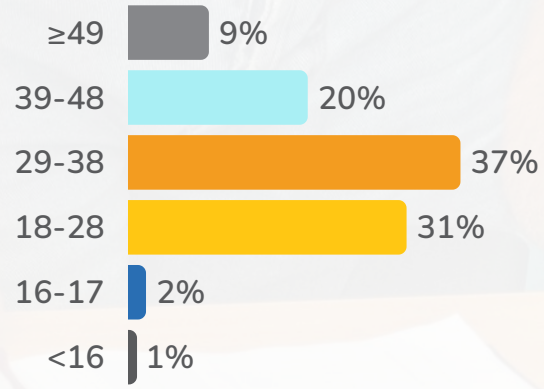
First contact: who we welcomed

Demographic Profile

Total Individuals Received

466

Age Distribution

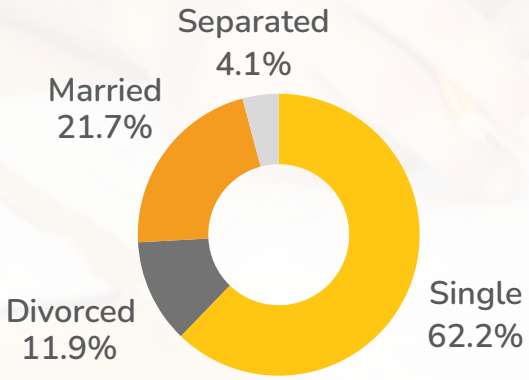


Gender Insight

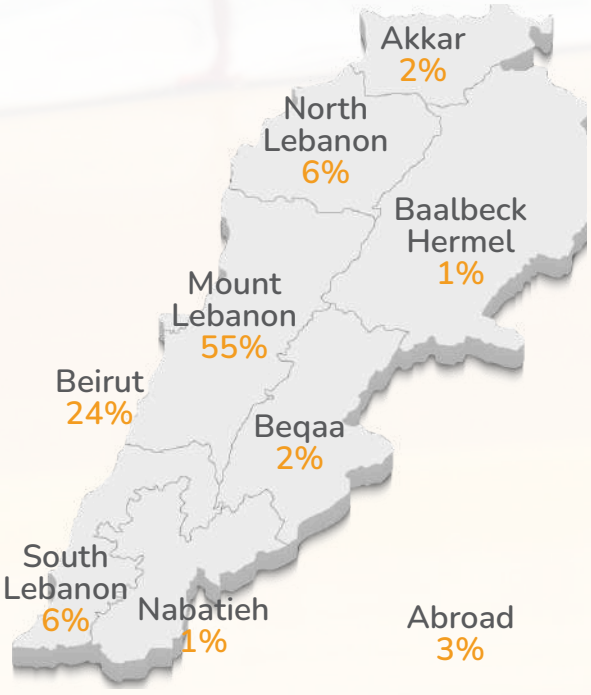
86% Male

14% Female

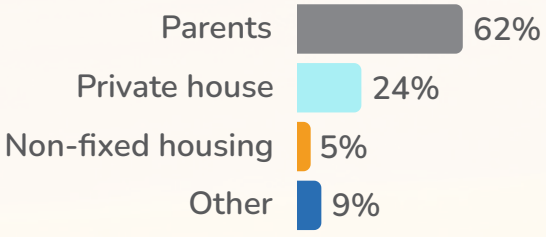
Marital Status



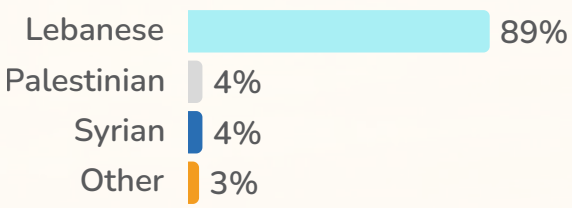
Geographic Distribution



Type of Residence



Nationality



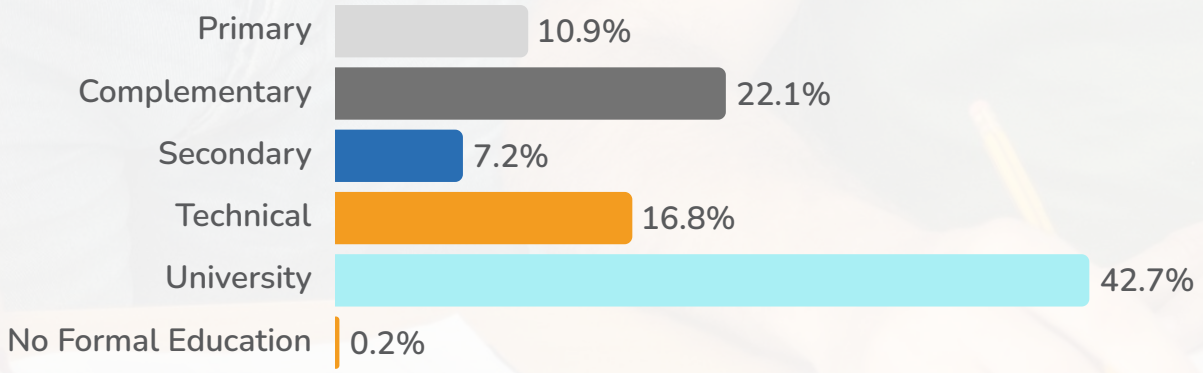
A closer look: the context

Socioeconomic Profile

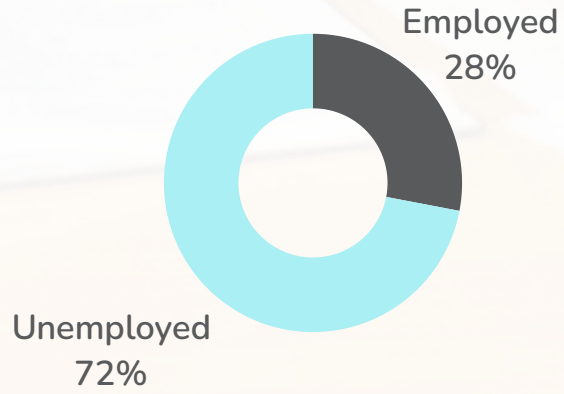
Total Individuals Received

466

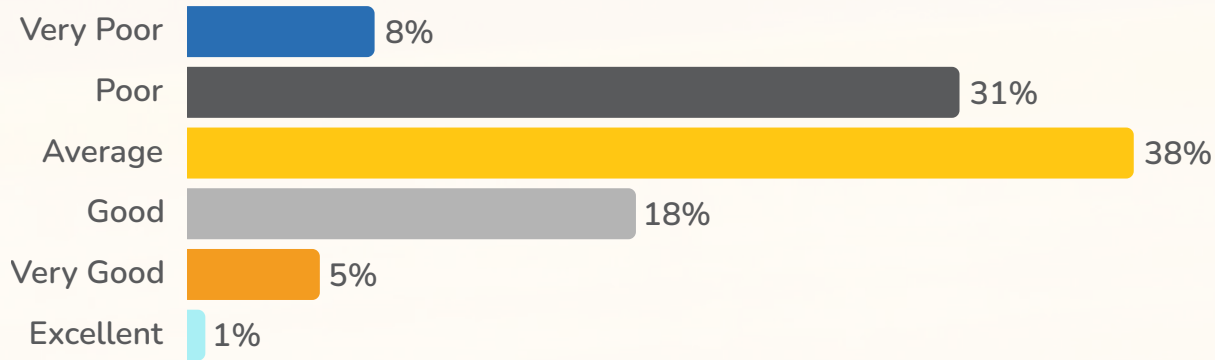
Highest Educational Level Reached



Employment Status



Financial SItuation



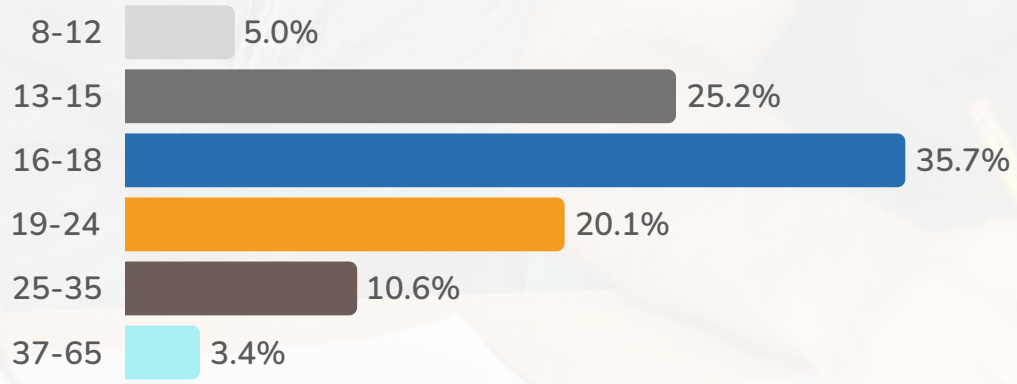
From first use...

Substance Use Profile

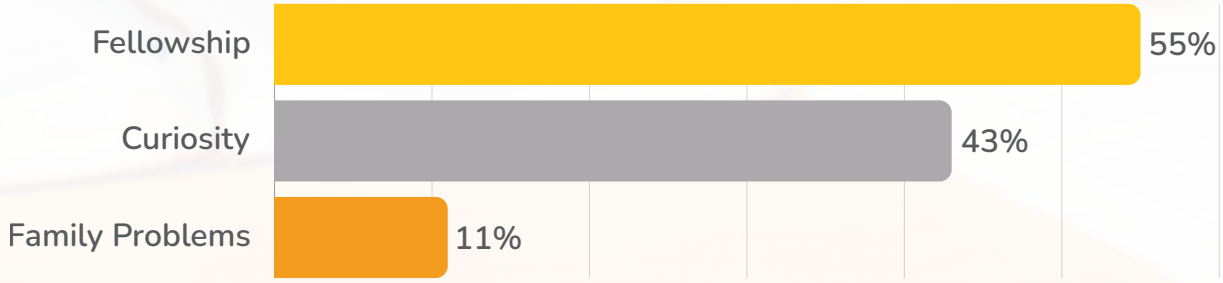
Total Individuals Received

466

Age of Initiation of Use

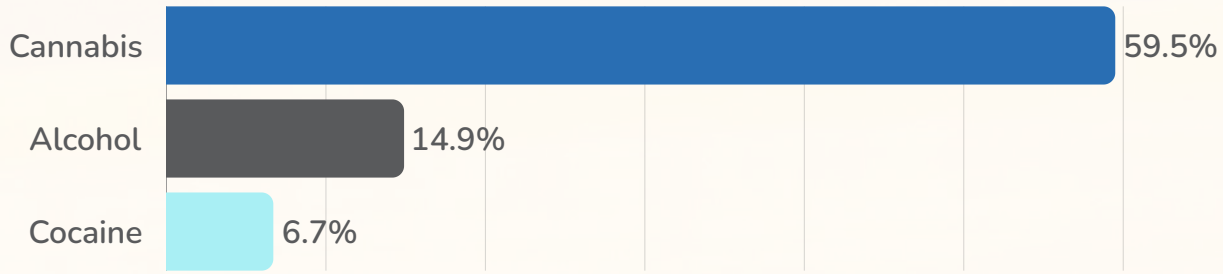


Top 3 Most Reported Reasons for First Use



Note: Multiple responses were allowed; therefore, results are presented as the frequency of mentions for each reason.

Top 3 Most Reported First Substances Used



Note: Multiple responses were allowed; therefore, results are presented as the frequency of mentions for each reason.

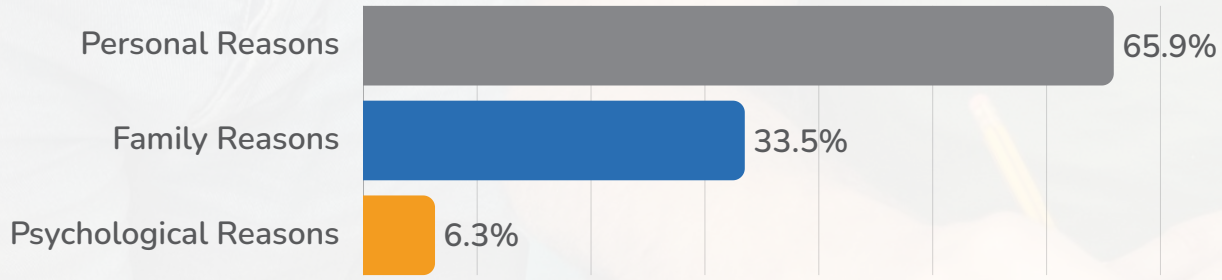
...to seeking support

Substance Use Profile

Total Individuals Received

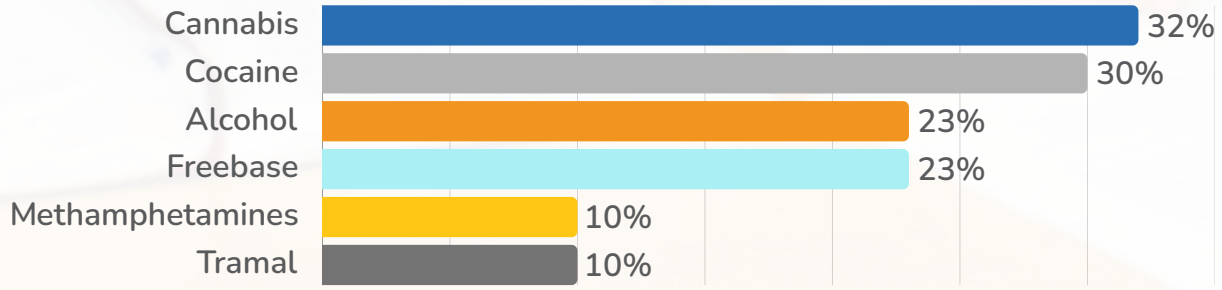
466

Top 3 Most Reported Motivation to Seek Support



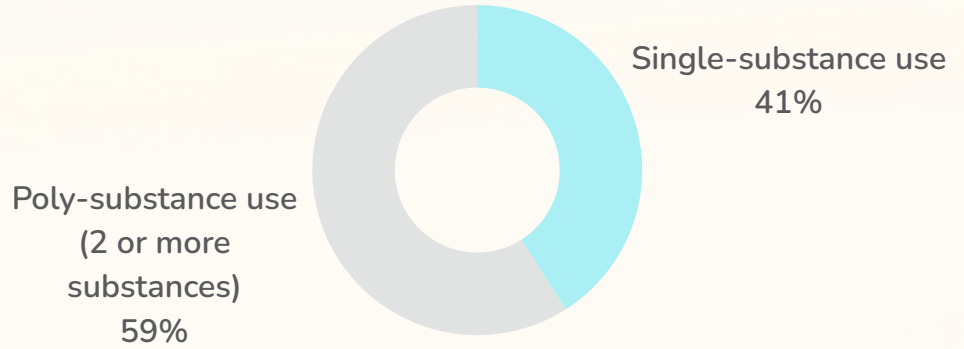
Note: Multiple responses were allowed; therefore, results are presented as the frequency of mentions for each motivation.

Most Reported Substances Used at the Time of Intake



Note: Multiple responses were allowed; therefore, results are presented as the frequency of mentions for each substance.

Substance Use Pattern (Respondents Only)



Inpatient Rehabilitation



The inpatient rehabilitation program provides residents with a safe and structured environment where they can focus on their physical, psychological, and emotional recovery. It follows a holistic and progressive approach designed to support long-term recovery, personal responsibility, and behavioral change through a series of structured phases. The program is composed of five consecutive 12-week phases: Resident, Companion, Head of Unit, Supervisor, and Integration. Each phase builds on the previous one, gradually increasing residents' responsibilities while supporting their personal development and reintegration process.

The program's comprehensive approach combines therapeutic, educational, practical, and recreational activities tailored to address the different aspects of recovery. Individual counseling sessions allow residents to explore personal issues related to addiction, while group therapy sessions provide opportunities to share experiences, develop communication skills, and build mutual support. Educational sessions focus on addiction, relapse prevention, and healthy coping strategies, while life-skills training aims to strengthen residents' sense of responsibility, decision-making, and problem-solving abilities.

Physical exercise and recreational sessions are also an integral part of the program, promoting healthy routines and overall well-being. Through community responsibilities and daily tasks, residents develop discipline, accountability, and teamwork skills. Family meetings and family support sessions contribute to strengthening relationships and creating a supportive environment throughout the recovery journey.

In addition, the program includes specialized activities that support residents' physical and psychological well-being, including music therapy, breathing exercises, drama therapy and role-playing to encourage emotional expression and personal development, recreational activities outside the center, handicraft workshops, bead workshops, sports activities, and language classes.

Together, these components provide residents with the tools, skills, and support needed to progress toward sustainable recovery and successful integration.

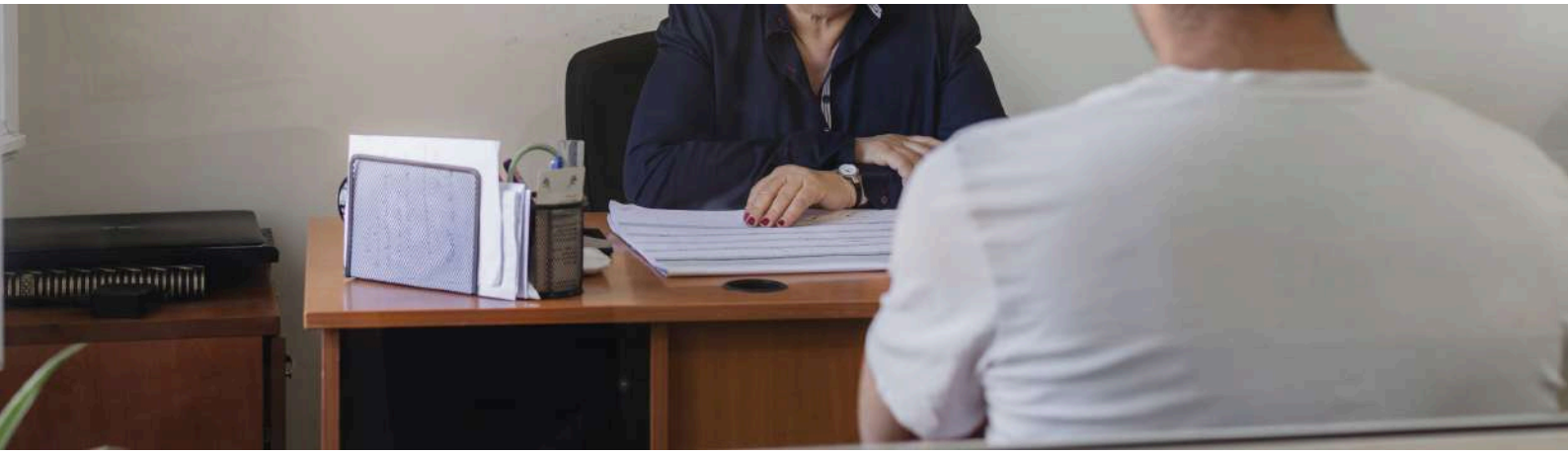
Transfers to Inpatient Program



85%
Men's Inpatient Rehabilitation

15%
Women's Inpatient Rehabilitation

Outpatient Rehabilitation

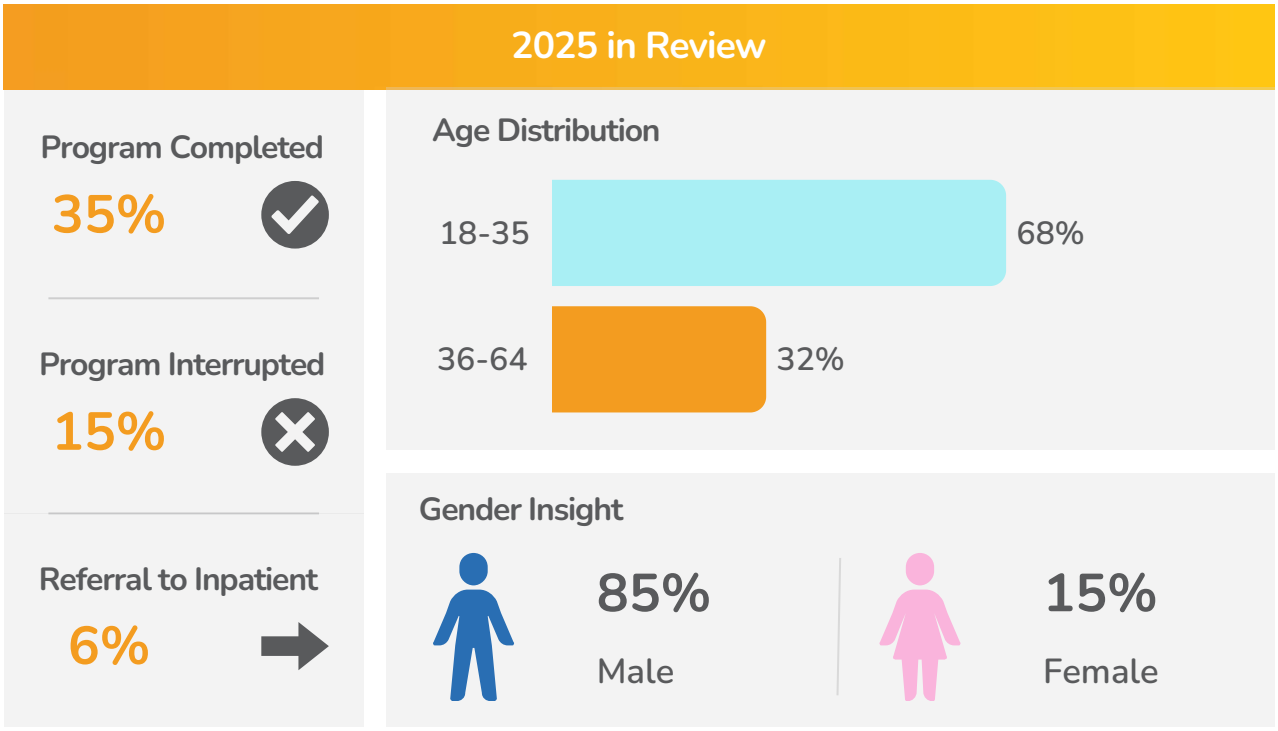


The Outpatient Center provides treatment and support for individuals facing a range of addictions, including alcohol use disorder, gambling addiction, prescription drug dependence, and substance use disorders.

During 2025, a total of **34 individuals** received support through the Outpatient Center. The center maintained an **active monthly caseload averaging 21** patients, fluctuating between 15 and 25 patients throughout the year. Among those served, **14** were **new admissions**, while the remaining patients continued treatment initiated in previous years.

In 2025, the Center resumed in-person group therapy sessions, transitioning from the online-only format that had been implemented during the COVID-19 pandemic and the subsequent national crises. In-person parents' support groups were also reintroduced, taking place once or twice each month to strengthen family involvement in the recovery process.

The Center also focused on developing socio-professional and hobby-oriented programs aimed at encouraging personal growth, enhancing life skills, and promoting positive lifestyle changes among patients. These initiatives were designed to support long-term recovery by fostering greater social engagement and meaningful participation in daily life.



The Power of Lived Experience

To **inspire hope** and **reinforce the possibility of sustained recovery**, the Outpatient Center welcomed two former patients who had successfully completed the program to share their personal recovery journeys with current participants. They reflected on their experiences following treatment, discussing the challenges they faced and the milestones they achieved in rebuilding their lives, offering active patients an opportunity to hear firsthand accounts of long-term recovery, and illustrating both the difficulties and the possibilities of maintaining a substance-free lifestyle after completing treatment.

The Center also invited a former patient, who has since become a counselor, to facilitate a workshop on cognitive distortions, allowing patients to reflect on their own cognitive distortions and, most importantly, drug-induced distortions. The participation of former patients reflects the Center's commitment to fostering a **supportive recovery community**. By returning to share their experiences and contribute to the therapeutic process, they not only encourage those currently in treatment but also demonstrate the value of giving back, strengthening peer support, and sustaining recovery.



FUNDRAISING & FINANCIAL OVERVIEW

Projects

Inclusive Dairy in Lebanon | $25,000

In 2025, with the support of **Cooperazione nei Territori del Mondo (CTM)** and **Associazione TempoPresente (APS)**, Oum el Nour's Inclusive Dairy project in Lebanon received funding to reinforce socio-professional reintegration. The project supported the modernization of the dairy factory through upgraded infrastructure and digital systems, enhancing food safety, operational efficiency, and the factory's growth as an inclusive social enterprise. Oum el Nour representatives visited Puglia, Italy, in October for three days of meetings, and visits to strengthen future collaboration. The visit also featured a public discussion about the project's importance and the role of cooperation in advancing peace, inclusion, and sustainable development.





Youth Connection | $47,540

With the support of **L'Œuvre d'Orient**, our Youth Connection program was successfully implemented across five partner schools. The project established youth clubs that empowered students to lead peer-focused prevention initiatives and develop awareness tools. The program concluded with a closing forum, where the youth clubs showcased their work and shared the prevention resources they had created, highlighting young people's important role as active agents of prevention and positive change.

MHPSS in Beirut | $84,690

With the support of **Missio Aachen**, the Mental Health and Psychosocial Support (MHPSS) Project Expansion in Beirut and its Suburbs received funding to improve access to quality mental health services for vulnerable individuals and families. Through individual and group sessions, beneficiaries received professional psychological support, coping strategies, emotional stabilization, and referrals when needed. The project provided safe, accessible, and community-based support, helping strengthen resilience, reduce psychological distress, and promote overall well-being.

Renovations | $45,000

With the support of the **Civil-Military Cooperation Directorate of the Lebanese Armed Forces (CIMIC)**, in partnership with the **Kingdom of the Netherlands**, Oum el Nour received funding for the Renovation of its Rehabilitation Center for Women in Fatqa, Lebanon. The project improved the center's residential, recreational, and operational areas strengthening its capacity to provide quality and dignified rehabilitation services, supporting the well-being, recovery, and reintegration of its residents.

Solar Power Installations | €32,545

With €32,545 in support from **L'Œuvre d'Orient**, Oum el Nour installed solar power systems at the Women's Rehabilitation Center in Fatqa and the Administration Center in Antoura. The project enhanced Oum el Nour's energy stability by reducing dependence on Lebanon's inconsistent electricity supply, lowering operating costs, and ensuring the continuity of rehabilitation and support services. The investment also strengthens the organization's long-term environmental and financial sustainability while contributing to a more stable and effective care environment for beneficiaries.

Equipment and Solar Power | $50,040

With support from the **Social and Economic Action for Lebanon (SEAL)**, Oum el Nour was able to increase production capacity through upgraded dairy processing equipment, improved storage and production facilities, and the installation of a solar energy system. These improvements enhanced product quality, reduced operating costs, and strengthened the sustainability of the social enterprise, while creating opportunities for practical skills training, employment, and income generation that support beneficiaries' long-term recovery and reintegration.



Baytna | $40,000

With support from **AMNA**, Oum el Nour continued the implementation of the Baytna project, strengthening its capacity to provide trauma-informed and identity-informed mental health and psychosocial support to children and caregivers affected by conflict, displacement, and adversity. Through intensive training, mentoring, and technical support, the project equips facilitators with creative and play-based approaches, including storytelling, art, movement, mindfulness, and caregiver engagement, to promote healing, resilience, and emotional well-being. As part of the Baytna Lebanon Hub, the initiative also strengthens peer learning and institutional capacity while supporting sustainable, community-based psychosocial interventions for vulnerable families.

A Partnership for Preventive Education



In November 2025, Oum el Nour renewed its Memorandum of Understanding (MoU) with the Center for Educational Research and Development (CRDP), under the Ministry of Education and Higher Education, for an additional two years.
Since 2019, this partnership has contributed to integrating substance prevention into Lebanon's education system, including the development of awareness guides that are now available on the CRDP website.
The renewed agreement will further expand prevention efforts across the national curriculum and all age groups, while also promoting joint research.
Signed on November 11, 2025, the renewed partnership reinforces Oum el Nour's role in advancing national prevention efforts and extending its impact beyond individuals to the education system as a whole.

One Thousand and One Nights One Shared Purpose



On April 12, Oum el Nour hosted One Thousand and One Nights, performed by Caracalla Dance Theatre, in an evening made possible by the dedication of our team and volunteers.
More than a performance, the event was a celebration of the community that continues to support Oum el Nour and a testament to what can be achieved when people come together around a shared cause.

Annual Gala Dinner

On October 4, Oum el Nour hosted its fundraising gala dinner at Casino du Liban, bringing together a community committed to advancing Oum el Nour's mission, marking more than three decades of work in addiction prevention, rehabilitation, and recovery in Lebanon.









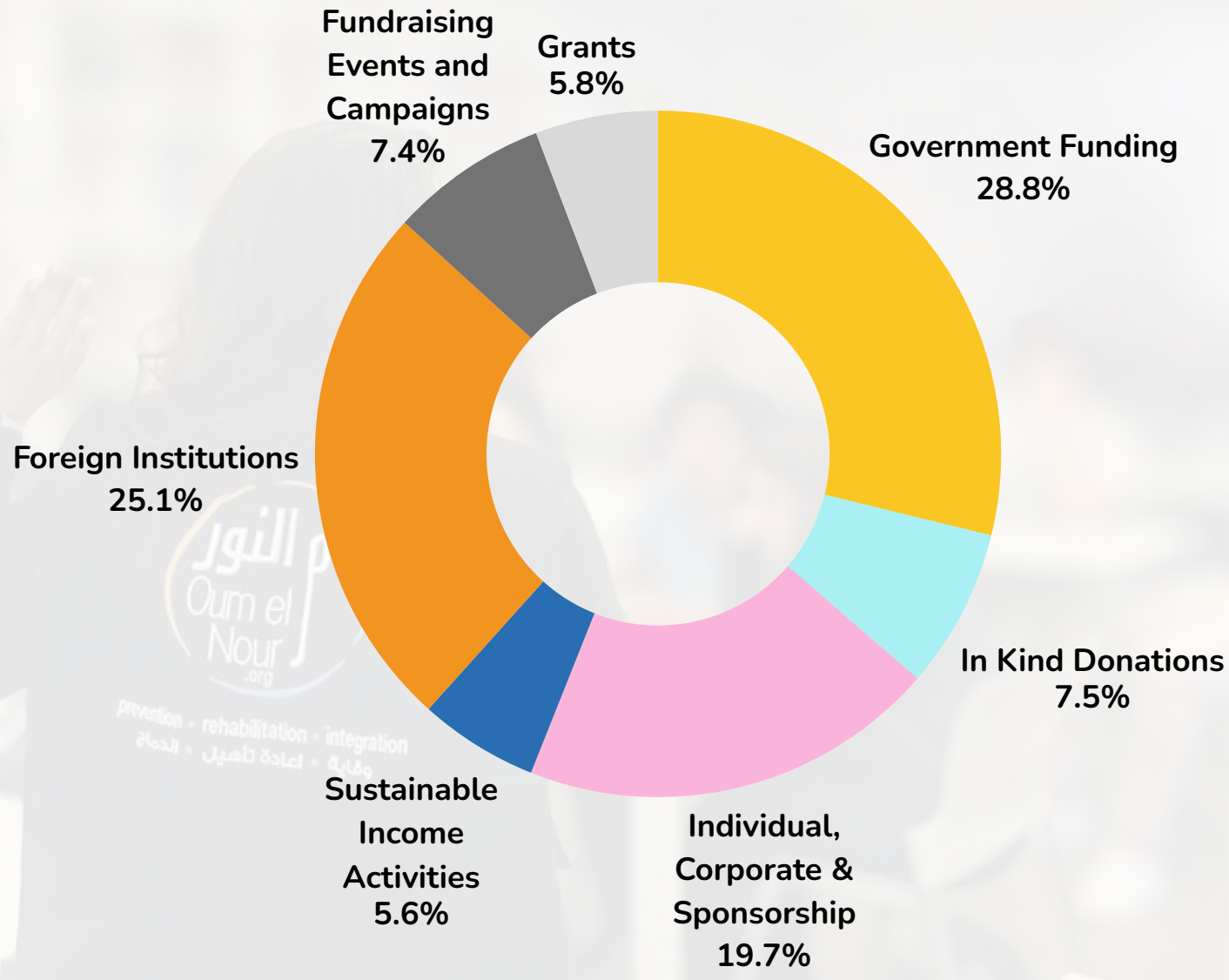




Financial Overview

Total Income in 2025
$ 1,935,640

Total Expenses in 2025
$ 1,633,318




LOCAL &
INTERNATIONAL
EXPANSION

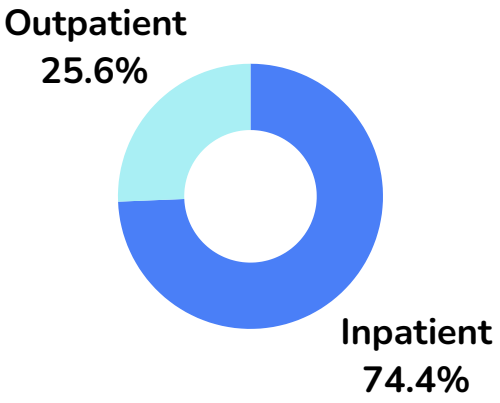
OeN in Tripoli Forsa



"Forsa" was established with the support of Dar Al-Fatwa in Tripoli and the North, and the Maronite Archdiocese of Tripoli, through a partnership between **Al-Manhaj Charitable Association** and Oum el Nour. It represents the first specialized center in North Lebanon dedicated to the tratment and rehabilitation of individuals struggling with substance use disorders and addiction, adopting a comprehensive therapeutic and human-centered approach aimed at reintegrating beneficiaries into society and enhancing their sustainable recovery.

Reception & Orientation - 2025

Calls	Hospital Visits
700+	50
Support Meetings	**Admissions**
1400+	39



Visit of Minister of Social Affairs

H.E. Dr. Hanine El-Sayed visited the Inpatient Rehabilitation Center in Abu Samra, where she met with residents and heard about their personal experiences and recovery journeys. The visit was followed by a lunch attended by political and religious figures, during which discussions also addressed the agreement with the Ministry of Social Affairs.







Visit of Minister of Public Health

The visit of H.E. Dr. Rakan Nasser El-Dine, Minister of Public Health, to Tripoli included visits to the Al-Manhaj Primary Healthcare Center and the Forsa Reception Center. The visit provided an opportunity to present Forsa's services and highlight the challenges faced.

Visit of the Higher Relief Council

Forsa welcomed Brigadier General Bassam Nabulsi, President of the Higher Relief Council, following his appointment to the position. The visit provided an opportunity to introduce Forsa, present its services, and explore potential avenues of support, particularly in-kind assistance.

Hospital License

The agreement with the Ministry of Public Health was signed, and Forsa obtained a Second-Class Hospital License, marking a significant milestone in Forsa's development and strengthening the project's capacity to provide specialized treatment and rehabilitation services.

Visit of CIMIC and DCAF

Forsa welcomed a delegation from the Civil-Military Cooperation Directorate (CIMIC) of the Lebanese Armed Forces, accompanied by representatives from the Embassy of the Kingdom of the Netherlands and the Geneva Centre for Security Sector Governance (DCAF). The visit followed the completion and setup of the Reception and Orientation, Outpatient

Center, Follow-Up Center, and Administration, funded by CIMIC and DCAF, and provided an opportunity to review the progress, outcomes, and positive impact of their contribution.

Visit of Cardinal Michael Czerny

Forsa welcomed Cardinal Michael Czerny, Prefect of the Vatican Dicastery for Promoting Integral Human Development, accompanied by Apostolic Nuncio Paolo Borgia, during a visit organized by the Maronite Archdiocese of Tripoli under the patronage of Archbishop Soweif. The visit provided an opportunity to present Oum el Nour's services and highlight Forsa's mission, achievements, and role in supporting individuals on their path to recovery and reintegration into society.





Nakaa Forum

Forsa participated in the organization and management of the Nakaa Forum, a national partnership aimed at strengthening prevention efforts and community resilience against addiction. Held under the patronage of Dar Al-Fatwa, the forum brought together representatives from various religious communities, political figures, community members, and organizations from across Tripoli to unite efforts and strengthen collaboration in addressing drug use and addiction.

Ramadan Charity Iftar

Forsa organized its annual charity Iftar during the holy month of Ramadan, bringing together supporters and partners in support of Forsa. Proceeds from the event contributed to ensuring the continuity and sustainability of the center's services.

Support from L'Œuvre d'Orient

Following the submission and approval of a project proposal in 2025, Forsa received support from L'Œuvre d'Orient, contributing to the strengthening of its mission and the continuity and sustainability of its services.

OeN in Liberia
The Mother of Light



Oum el Nour in Liberia remains dedicated to preventing substance use, providing rehabilitation, and supporting the successful reintegration of people in recovery. Through prevention, outpatient and inpatient rehabilitation, family support, vocational development and follow-up, the program accompanies individuals through every stage of their recovery journey. This mission is made possible by the dedication of the team in Liberia and the Board of Directors, and the continued trust and generosity of partners, sponsors, and friends. Their support enables the continued delivery of hope, stronger communities, and pathways toward recovery and a healthier future.

2025 in Review

Individuals Assessed 557	Follow-up Sessions 72	Youth Graduated 28
Inpatients Admitted 77	Prevention Sessions 41	Youth & Staff Trained 54

Vocational School | Funded by the German Cooperation

Supported by German Cooperation, the vocational school was established at the rehabilitation facility to link treatment with employability. It provided training in digital skills, tailoring, and agriculture, equipping youth with practical skills and livelihood opportunities. The initiative also expanded solar power use, improving sustainability by reducing energy consumption and environmental impact.



270	95%	3
CLASSES CONDUCTED	LESS CO2 EMISSIONS	NEW TRAININGS

NADSAP Program | In Partnership with the Ministry of Health

In partnership with the Ministry of Health, the NADSAP Program strengthened screening, referral, and admissions while enhancing case management and technical support. Coordinated assistance reduced operational costs, enabling greater investment in direct care and reintegration. The program also expanded counselling, family engagement, and follow-up services to support consistent, quality care.



100%	24	34%
INCREASED CAPACITY	MOH STAFF TRAINED	COST REDUCTION

Sports & Reintegration | In Partnership with the Ministry of Youth & Sports

In partnership with the Ministry of Youth and Sports, the program strengthened sports-based reintegration through daily life-skills sessions, weekly classes, and supervised sports activities that promoted discipline and healthy routines. It also expanded scholarship placements, livelihood linkages, and youth and family follow-up to support education, employment, and sustained recovery.



63%	320	16
RECOVERY - INTEGRATION	SPORT SESSIONS	JOBS & SCHOLARSHIPS

School Light Clubs | Funded by the French Embassy

Funded by the French Embassy, the program established Light Clubs in participating schools as safe spaces for skills development, prevention, and education. It strengthened early identification and referral of at-risk students, trained teachers and student leaders to deliver peer-led modules, and connected clubs with parents and school communities to reinforce protective environments and empower youth to promote positive influence.



17	30	83%
SCHOOL SESSIONS	INDIVIDUALS TRAINED	ACTIVE CLUBS

Agriculture Project | U.S. Embassy Self-Help Funds

With support from the U.S. Embassy Self-Help Funds, the program expanded internal food production to strengthen self-sufficiency and reduce food costs. It cultivated five acres of farmland and installed a solar-powered water system to support crops and poultry while reducing environmental impact. The initiative also strengthened agricultural skills, preparing beneficiaries for sustainable livelihoods and economic reintegration.



60%	25%	97%
SELF-SUFFICIENCY	LAND UTILIZATION	WATER SYS. UPTIME

Financials 2025

In 2025, government programs remained the primary source of income, supporting the delivery of our core services alongside funding received through project grants. Donations and sponsorships provided additional support, while in-kind contributions helped reduce operating costs and strengthen the continuity of our services. The Inpatient Rehabilitation program accounted for the largest share of expenditures (59%), reflecting the significant resources required to provide full-time, 24/7 care and maintain a safe, stable, and supportive therapeutic environment. Administration represented 12% of total expenditures, supporting essential coordination, oversight, and accountability. The remaining resources were directed toward community-based services and support initiatives, including Prevention (10%), Integration (8%), Outpatient Rehabilitation (6%), and Reception (6%).



OUR PARTNERS

Donors & Funding Partners

























Collaborative Partners














أم النور
Oum el Nour
.org
prevention • rehabilitation • integration
وقاية • اعادة تأهيل • اندماج